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## Book Review: Urban Health | Emerging public health perspectives

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### Keywords

Urban health, public health, urban, public, cities, urbanization, sustainability, water, conservation, mental health, COVID-19, urban risk reduction, disaster management, urban policy, environment



## **BOOK REVIEW: URBAN HEALTH | EMERGING PUBLIC HEALTH PERSPECTIVES**

Dr. Demi Miriam, *Edward & Cynthia Institute of Public Health*

### **Abstract**

Book Title: Urban Health | Emerging public health perspectives

Editors: Fernandes & Grewal, 2021

Publisher: Global South Strategies

Publication: 02 September 2021

City: Mangalore, India

Total No. of Pages: 341

Price (in INR): 950 (Paperback)

ISBN-13: 978-8195336418

### **Keywords:**

Urban health, public health, urban, public, cities, urbanization, sustainability, water, conservation, mental health, COVID-19, urban risk reduction, disaster management, urban policy, environment

### **Book Review**

This compact yet comprehensive book will be a refreshing and welcome aid to anyone who has had the frustrating experience of attempting to find an account of the various aspects of urban health in typical public health textbooks. Although there has been a proliferation of books on urban health, most of them do not capture data from both developed and developing countries.

The aim of this book is to make urban health relevant in the global public health space. It covers the transitional stages of urbanization of different nations with their progress in health. The book also deals with the many aspects of the urban population which are of relevance to policy makers and decision makers. This should be of value to most public health researchers and practitioners.

The book is divided into three sections loosely arranged to include context, region, and opinion. Current trends and perspectives are outlined and recommendations for improving the many aspects of public health, particularly in the changing fields of urban cities and environment, are well handled. The book covers numerous areas of health including mental health. Even though hospitals are an important, but not the only part of urbanization, the demands of changing health needs in an urban society often fall on public health policy makers and government stakeholders. This book is a ready source of advice for health practitioners and policy makers.

The inclusion of recommendations from global authors working in the field of public health are particularly helpful and practical and are a good example of how this book fills the gap between a standard textbook and the usual articles found online. To provide a specific example, the chapter on pharmaceuticals, and the chapter on drug abuse, aim to bridge the gap between the theoretical basis concerning prevalence of usage and recommendations to fight overuse.

There are a variety of writing styles and topics, as is typical in a multi-authored book of this genre, yet they all work well together. It will, however, require regular updating in future editions due to the rapid speed of progress in the public health field and the dynamic nature of urban policies that go through constant change.

As such the editors Edmond Fernandes and Indu Grewal have put forth a commendable job by bringing together a multi-research perspective from across parts of the world in furthering the scholarship of urban health and strongly contributing to the scientific community in urban policies that will define and shape cities of tomorrow.

### References

Fernandes & Grewel. (Eds.). (2021, September 2). Urban public health perspectives. Global South Strategies: Mangalore, India. ISBN-13: 978-8195336418